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Abstract:

Medical Astrology is a specialized branch of Vedic Astrology, Medical Astrology is one of the main division of Vedic Astrology. As per medical Astrology one's health is dependent on his/her Ascendent Sign. Moon Sign and on placement of nine planets in the birth chart. In a birth chart we have twelve houses and each house represent the part of the human body. Also the twelfth Zodiac Signs shows different body parts of Kaala Purusha. Planets influence sun vital, tonic, warming and drying relates to heart function and to vital energy. Moon collecting, diluting, cleansing, cold and moist, phlegmatic, relates to the emotions, fluid balance and the hormones. Mercury cold and dry relates to the nervous system and to nervous activity. Venus relating, warm and moist, relates to nutrient assimilation, sugar metabolism. Tissue tone and lymphatic functions. Mars inflammatory, aggressive, eruptive, warm and dry. Choleric relates to the sex drive and to oxygen metabolism, Jupiter expansive, nourishing, warm and moist, Sanguine relates to the blood circulation, liver and fat metabolism and cellular nutrition. Saturn Contracting, slowing, binding, restricting, hardening, devitalising cold and dry melancholic.

Introduction of Medical Astrology & Its Relevance:

Medical Astrology is the branch of Astrology that deals with the working of the human body, A competent and learned Medical Astrologer is a person who can analyse a birth chart and determine body strengths and weaknesses. Proneness to various disease states any nutritional deficiencies, in the event of illness or disease. He will use predictive methods to determine the Severity and duration of the disease. Sometimes a medical Astrologer can help to determine the course of disease by the use of a chart called a decumbiture chart. This type of astrology has its basis in ancient astrology when the astrologer rarely knew the exact time of birth of a person. Instead a chart was set up for the time the patient took to his bed. Nowadays, the decumbiture chart can be set up for the time of a diagnosis by a doctor.

Heart Problems in Astrology:

The human heart lies in the forth part of the body and hence it is represented by the forth house of the horoscope. The sun is the main significator of heart. So affliction of sun plays main role in the disease of heart. Affliction of the forth house also causes disease of chest. Cancer is a watery sign and also indicated fluid in which the heart is enclosed. Cancer indicated veins too. So affliction of cancer sign, forth house and sun indicates heart troubles. Affliction of sun in 4th house of a horoscope decidedly cause affliction of heart beats. Affliction of sun in different ways may create different types of complication of heart. Sun indicates heart mainly, he owns Leo. Therefore, Leo sign must also be considered while working for the disease of heart. Similarly 4th and 5th houses should be judged in connection with heart troubles.

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Heart Disease in medical astrology & remedies:

Today Heart Disease has becomes so common due to a sedentary, lifestyle, unhealthy food intake, setting high targets and taking huge stress, insufficient sleep, no physical exercise and many anxiety disorders.

What causes a Heart Attack:

- High Cholesterol: One of the primary causes of heart attack is high cholesterol. Jupiter is the Karaka of cholesterol. Therefore is afflicted then due to high cholesterol, a person might have to go through a heart attack.
- High Blood Pressure: High Blood Pressure also called hypertension, is a persistent risk for the human body. Mars is the Karaka of blood and muscles, so if Mars is weak or makes relation with disease houses then due to high B.P person will go through Heart illness.

- Diabetes: This is caused by Venus, and if related to Rahu it worsen the condition.
- Congestive Heart Failure: Here Saturn plays the role, on it blocks the arteries.

Planets Responsible for Heart Diseases in Medical Astrology:

Sun: Sun is the 5th Lord Natural Zodiac and is a significator of Heart. So if it makes any relations with Marak, Badhak, 6th, 8th and 12th lord Then it will affect the internal system. This will weaken the immunity of the body. Let me explain the position of afflicted sun with all planets. As there are different kinds of heart diseases, so all the planets have different significations.

Sun with Mars: Here both the planets are of pitta temperament, so it will dry up the fluid inside your body. Hence if the sun is imbalanced, there is a lot of dryness inside. Also since this makes a strong Agni Dosha, that the person can have anger issues, and this can increase his BP and due to Hypertension, it can give heart illness.

Sun with Rahu: This is a combination of fire and space. Rahu explodes the energy of the planet, it is Posited. Therefore if sun is related to 6th, 8th, 12th and Badhak in the horoscope, and Rahu is placed with sun, then Rahu will increase, the negative results of sun can give sudden heart attack, as Rahu is Karaka of sadness and ups and down in life.

Sun with Moon: Moon is the 4th lord of the natural Zodiac and is also a Karaka of the 4th house. This is a combination of fire and water. Though as planets, sun and moon might be friendly to each other, But accordingly to Ayurveda, Agni and water makes a Dosha. This combination actually disturbs the metabolism of the body. Bad lifestyle and unhealthy food intake is the reason. This combination actually makes the person irritated and emotionally very weak. So in such a case, if moon takes the lordship of 6th, 8th, 12th and Badhak in the horoscope, then it can make the heart weak and prone to diseases.

House Responsible for heart disease in Medical Astrology:

The 4th House: The 4th house represents Heart in Medical Astrology. Therefore if malefic planets like Saturn, Rahu, Mars and Ketu are posited in 4th House and also related to disease houses, then all these planets are capable of giving heart disease.

The 5th House: The 5th House also covers the chest area. So if malefic planets in 5th house and related to Badhak, 6th lord, 8th lord and 12th lord then it will surely give heart disease.

I would like to add that Zodiac signs Cancer and Leo are also very important. Therefore while checking the heart disease in the horoscope, if these signs are either afflicted with malefic planets or related to disease houses (6th, 8th, 12th lord, Marak and Badhak) then the person will suffer from heart disease.

Other combination causing Heart Diseases, As explained above, sun is the Karak of Heart. Therefore if sun and Saturn are conjunct in the chart, and related to disease houses, and no benefit aspect, then the person will have a weak heart.

If moon and Saturn are conjunct in the chart this is a vish yoga, it is also called Poonar Phoo Yoga. This yoga infact gives many problems. Saturn is a planet of blockage as moon is the fluid so if conjunct Saturn blocks the fluids going in blood. This will damage the heart from pumping blood.

I would like to inform you that while analysing a horoscope, the divisional charts play a significant role. So all the above combination to be checked in D-9 the Navamsha chart and D-27 the Sapt Vimshamsha chart.

Another important factor while checking heart disease in the horoscope is the timeline. Now this the running Mahadasha and Antar Dasha, and the transit of planets.

Planetsthat helps in Recovery of Heart Disease:

Jupiter is the natural significator of good health. Therefore it is very important to see the strength of Jupiter in the horoscope. If Jupiter takes the lordship or position of 6th, 8th, 12th and Badhak, then it loses its power. Rather in such cases it can worsen heart disease. But if Jupiter is strong and lord of 5th, 9th and 11th house, here Jupiter in its Dasha can actually help in recovery. Even the lords of 5th, 9th and 11th house and planets posited here also shows the recovery period. Hence a positive Jupiter and benefit planets are a saving factor in the horoscope.

Timely Remedies to get rid of Heart Diseases:

I believe prevention is better than cure. The whole idea behind working the blog to spread awareness among people about certain planetary combinations which can make you prone to heart disease. Therefore it is better to follow such a routine, before the onset of disease, which will strengthen your planets. Hence you can overpower heart diseases.

Moon rules your mind: 4th House, comfort and sleep, it also represent fluids in your body. So let's decode all these factors. This means we should drink a lot of water, take good quality sleep, as good sleep increase your immunity and at the same time stop taking alcohol. This way we can bring moon under control.

For Sun we should give water to the sun till 8.00 Pm in the morning. Do meditations and Pranayama every day. This way we can balance our seven chakras. If all chakras are balanced, our immunity system becomes quite strong. Physical exercise should be introduced in the daily routine. Avoid high cholesterol food and junk food, you should eat healthy and fiber rich food.

Lastly, we will say to avoid taking stress. Stress is actually a real man-eater. It takes away all our happiness. The truth is though you are thinking of a prosperous future, the stress is truly ruining your

present situation. In fact, stress reduces your productivity. Therefore we will suggest reduce stress and add laughter and calmness to your life.

Male born 13th December, 1944, 14.54 hrs:

	As		RAHU SATURN
	MALE 13 th DECEMBER, 1944. 02.54 PM. ALLAHABAD		
VENUS			
KETU MERCURY	SUN, MOON, MARS		JUPITER

The sign Aries rise in the ascendant which means that besides Rahu and Ketu, Mercury also becomes a functional malefic planet. Mars is weak as it is combust and badly placed. Mercury is weak as its depositor is weak. Jupiter is weak as it is badly placed, in infancy and debilitate in Navamsa. The moon is weak as it is badly placed debilitated and in infancy. The Sun is weak as it badly placed and in old-age. The prime indicator Mars and Mercury, the secondary indicator, The Moon and the significators the sun and the moon are all weak. During the main period of the functional malefic planet, Ketu and the sub-period of the functional malefic planet. Mercury the native suffered from heart problems and underwent open heart surgery in the beginning of the main period of venus.

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